

Going to a pharmacy to get my COVID-19 vaccine





I am going to a pharmacy to get my COVID-19 vaccine.

The COVID-19 vaccine is a medicine given by a needle (injection) into my arm.

This will help stop people catching and spreading COVID-19.

It can also stop people getting very sick from COVID-19.



I will need to follow some rules.

I may need to wear a face mask, if I can.

When I enter the pharmacy, I may need to use the hand sanitiser.

I can use my own hand sanitiser.



I will need to go to the counter.

I will tell the staff member that I have an appointment.

The staff member will tell the pharmacist that I have arrived.



I will take a seat in the waiting area.

I need to remember not to sit too close to other people.

The pharmacist will call my name.



The pharmacist will say hello. We could do an elbow bump. Or I can just say hello back.
I can choose to have a support person with me, or my support person can wait outside the room.



The pharmacist will need to see my Medicare card.
They need to make sure my details are correct in the system.



The pharmacist will talk to me about the COVID-19 vaccine.
The pharmacist may ask me to sign a form or give verbal consent.
This means that I give my consent to have the vaccine.



The pharmacist will check my temperature.



The pharmacist will ask me to take off my jumper or roll up my sleeve.
If I feel anxious about the injection, I can look away at something on the wall.
My support person could distract me.
I could ask the pharmacist if I can listen to some music or use a fidget item.



At some pharmacies, I can ask to lie down if I want to.



After I have had the injection, the pharmacist will put a band-aid and/or a cotton ball on my arm.
Then I can put my jumper back on or roll down my sleeve.



The pharmacist will give me an information sheet that will tell me what to expect after the injection.

I will get a card with the details of my vaccination, such as when I was vaccinated and what vaccine I had.

I will bring this card to be filled in if I receive another dose.



There will be a time written on my sticker.

This tells me what time I received my vaccination.

The pharmacist will ask me to sit in the waiting area for 15 minutes.



I will wait in the waiting area for 15 minutes. This is 15 minutes from the time on the sticker.

This happens after an injection.

I can set a timer on my phone.

I can listen to music and use fidget items while I wait.

I can use a hat/sunglasses to block out the light if it is too bright.



I will walk up to the counter after I have waited 15 minutes.

A staff member will ask me some questions to make sure I am okay.

If I need to get another injection, the staff member will tell me when and how to book my next appointment.



I can now leave the pharmacy.

The Australian Government has lots of useful information about the COVID-19 vaccine.

You can read about:

[Getting ready for the vaccination – Easy Read](#)

[Getting proof of your COVID-19 vaccinations online](#)

Check for details on accessibility and access with your local pharmacy.

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