

Amaze celebrates Hoodie Up every year in April during World Autism Acceptance Month. Hoodie Up is a campaign to show understanding, acceptance and support for the Autistic community.

This year, Amaze will be asking everyone to Hoodie Up on 4 April. Anyone can register and organise an event – including schools and workplaces.

Funds raised during the campaign will go towards helping Amaze to deliver vital support to Autistic people and their families, including creating an autism inclusive Australia.

How do I get involved?

Participating in Hoodie Up is easy! All you need to do is:







1. Register

2. Plan

3. #HoodieUp

Register via the website: <u>hoodie-up.amaze.org.au</u>, plan your Hoodie Up event and Hoodie Up! Your event could be online, or in person. You could organise a morning tea, office picnic, or even a family quiz.

Don't forget to snap some pics with your hoodie up and share them on social media with #HoodieUp

For more information, you can contact us via email at <u>fundraising@amaze.org.au</u> or call 03 9657 1600.

Who is Amaze?

Amaze works for and with Autistic people and their families and supporters in Victoria, and has been supporting the autism community for over 50 years.

Our work focuses on building community understanding of autism, providing information and resources, creating opportunities for participation by Autistic people and influencing policy changes that create a more inclusive world for the Autistic community.

Why hoodies?

Some Autistic people experience sensory sensitivities and can become overloaded by stimuli in their environment; wearing their hoodie up means they can block out bright lights and busy environments which can help them feel more calm and less overwhelmed.

By gathering on 4 April and putting our hoodies up, we're demonstrating support and inclusion for Autistic people, and celebrating the diversity autism brings to our world.