Going to a vaccination centre to get my COVID-19 vaccine







I am going to a vaccination centre to get my COVID-19 vaccine. These centres are only for the COVID-19 vaccine. The COVID-19 vaccine is a medicine given by a needle (injection) into my arm. This will help to stop people catching and spreading COVID-19. It can also stop people getting very sick from COVID-19.





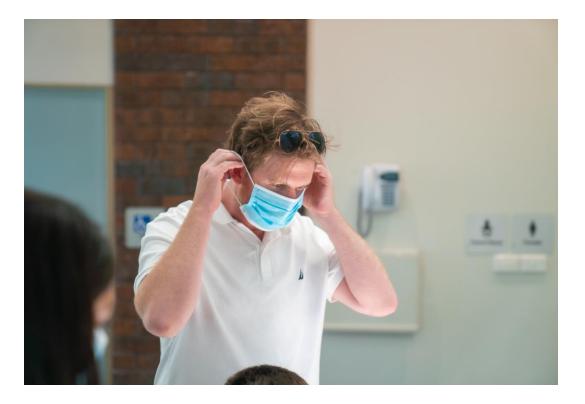
My adults will have to check in using the QR code on their phone. Or they will write down my name and phone number.





The staff may check my temperature. They may check my adult's temperature too.





If I wear a mask, I will be asked to put a new one on. My adults will change theirs too.





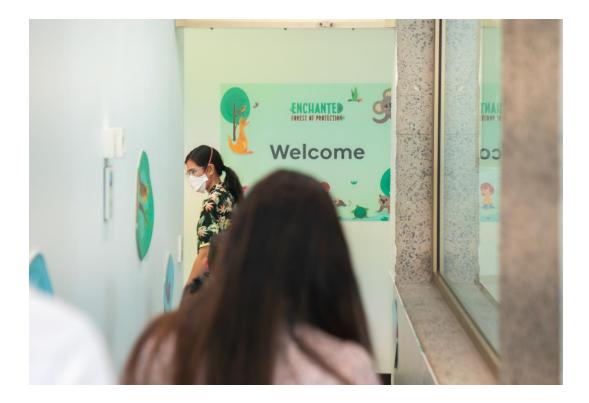
I may need to use the hand sanitiser when I enter the building. I can also use my own hand sanitiser.





My adults and I will go to the desk. My adults will fill out forms with the staff member. The staff member will tell me what to do next.





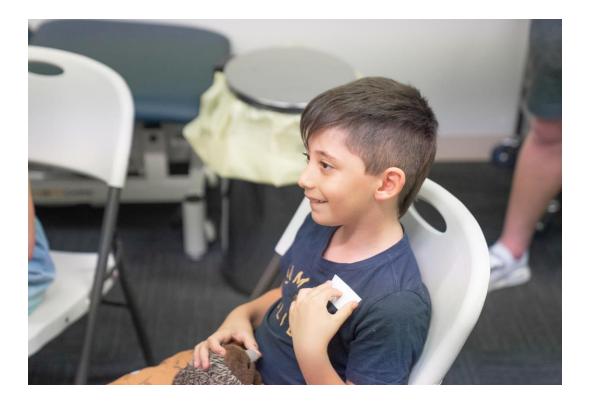
The staff member will show me to the room. I can put on sunglasses or wear a cap if it is too bright. My adults can be with me.





I can sit where I like. I can sit on my adult's lap. I can sit in the chair. Or I can sit on the floor.





I can watch a video. I can listen to music. I can play or hug my toy.





The nurse will ask my adults some questions about my health.





The nurse will ask me to take off my jumper or roll up my sleeve. If I feel worried about the injection, I can look away or at something on the wall. My adult can comfort me.





After I have had the injection, the nurse will put a band-aid and/or a cotton ball on my arm. Then I can choose to put my jumper back on or roll down my sleeve. The nurse will give my adult an information sheet about what to expect after the injection.





There will be a tree picture on the wall. This is called the Enchanted Forest of Protection. The nurse will have leaf stickers. If I want, I can add my name to a leaf sticker and add it to the tree. My adult can help me.





I will stay in the waiting area for 15 minutes.

This happens after an injection.

My adult can set a timer on their phone.

I can listen to music, watch a video and use fidget items while I wait.





When the 15 minutes is finished, the nurse will ask me some questions. If I want to, I can tell my adult instead and they can talk to the nurse for me.





I can now leave the vaccination centre.



Proudly produced in partnership by Amaze and National Disability Services

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