Going to a vaccination centre to get my COVID-19 vaccine
I am going to a vaccination centre to get my COVID-19 vaccine. These centres are big which means lots of people can get the COVID-19 vaccine at the same time. The COVID-19 vaccine is a medicine given by a needle (injection) into my arm. This will help to stop people catching and spreading COVID-19. It can also stop people getting very sick from COVID-19.
I will need to use the hand sanitiser when I enter the building. I can also use my own hand sanitiser.
I will need to follow some rules. The staff will ask me if I have an appointment. Then I will have to check in using the QR code on my phone. If I do not have a phone, I can write down my name and phone number.
If I am wearing a fabric face mask, I will need to change it for a disposable one. This makes sure that everyone entering the building has a clean mask. I will need to sanitise my hands before and after I touch the mask.
I will then walk up to the counter. The staff will ask me for photo ID and my Medicare card. They will ask me to place it on the counter. The staff member will ask me some questions about my health. They will then talk to me about which vaccine I can get.
There will be signs on the floor showing me where to stand.
There will be signs telling me where to go. I can ask a staff member if I need help.
A staff member will direct me to a cubicle. I can put on sunglasses or wear a cap if it is too bright. I can choose to have a support person with me, or my support person can wait outside the room.
The nurse will talk to me about the COVID-19 vaccine. They may ask me some questions and talk about how I might feel after I have the vaccine. Then they will ask me to give my consent to have the vaccine. The nurse will ask me to take off my jumper or roll up my sleeve.
If I feel anxious about the injection, I can look away at something on the wall. My support person could distract me. I could ask the nurse if I could listen to some music or use a fidget item.
After I have had the injection, the nurse will put a band-aid and/or a cotton ball on my arm. Then I can choose to put my jumper back on or roll down my sleeve.
The nurse will give me a card that says I had my first dose of the vaccination with the date and time I had it. If it is my second injection, the card will say I am fully vaccinated.
The nurse will give me an information sheet that will tell me what to expect after the injection.
The nurse will show me where the waiting area is. There will be a time written on my card. This tells me what time I received my vaccination.
I will wait in the waiting area for 15 minutes. This is 15 minutes from the time on the card. This happens after an injection. I can set a timer on my phone. I can listen to music and use fidget items while I wait. I can use a hat/sunglasses to block out the light if it is too bright.
I will walk up to the counter after I have waited 15 minutes. Another nurse will ask me some questions to make sure I am okay. If it is my first injection, the nurse will tell me when and how to book my second appointment. If it is my second injection, the nurse will tell me about my vaccination record.
I can now leave the vaccination centre.
The Australian Government has lots of useful information about the COVID-19 vaccine. You can read about:

**What is the COVID-19 vaccine? – Easy Read**

**Who will get the vaccine? – Easy Read**

**The AstraZeneca vaccine – Easy Read**

**The Pfizer vaccine – Easy Read**

**Getting ready for the vaccination – Easy Read**

**What to expect when you have your vaccination – Easy Read**

**Giving your consent – Easy Read**

**Side effects you might have after your vaccination – Easy Read**

Check for details on accessibility and access with your local vaccination centre.
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