



Going to SaintsPlay





I am going to SaintsPlay at RSEA Park. The group will meet in the Sports Hall. The Sports Hall is on the left of the RSEA Park building and we will enter it from the carpark.

I will learn how to play footy at SaintsPlay!



The SaintsPlay leaders and coaches will be wearing a St Kilda Saints top. They will help me with the activity, and I can ask them questions. If an activity is too hard or too easy, I can tell a coach.



When I arrive, there will be SaintsPlay leader at the registration table. My adult will sign me in. I will be given a name tag.



I can leave my things on the bench. My adult can sit here too. I can wait here before the session starts, or I can play with a ball.



I can play with the balls before the program starts. I can also say hello to the coaches and other children. I can kick the balls with the coaches.

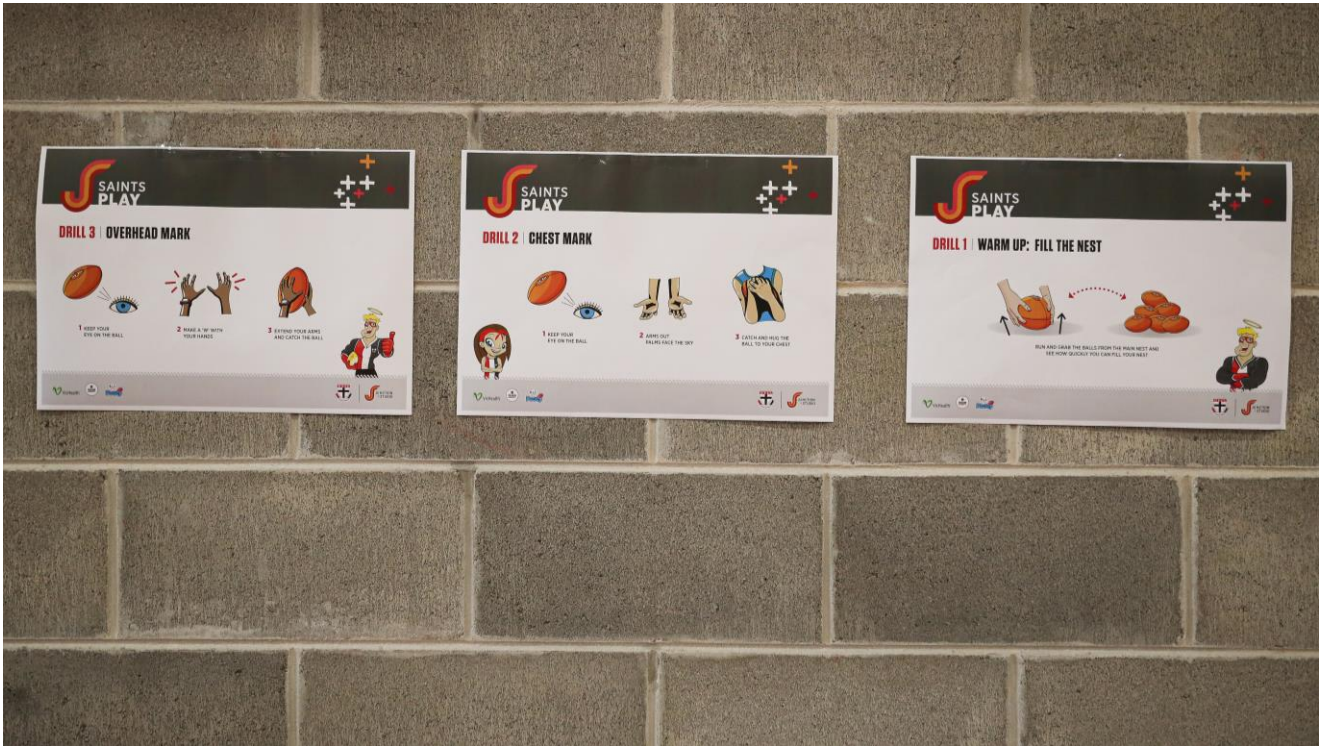


There is a Chillout Zone set up in the corner of the Sports Hall. I can use this space for a break before, during and after my SaintsPlay session. There are soft cushions and fidget toys to play with.

The coaches and leaders can show me where it is.



At SaintsPlay, we will play a warm up game called ‘Rob The Nest’. My coaches will show me how to play it.



There are activity posters on the walls of the Sports Hall. I can look at this too.



At SaintsPlay, I will choose a ball to use. There are footballs, tennis balls and other round balls to choose from. I can choose the ball that I prefer. I can swap the ball that I'm using during an activity.



My coaches will teach me some footy skills. They will show me how to do this.



I will try three different activities during the session. These activities are called 'drills.'



There are toilets in the Sports Hall. If I need to use the toilet, I will need to tell my adult.

There are hand dryers in the toilets.



At the end of the session, we will end with a group game. Then we will say good bye.

I had fun at SaintsPlay!



Proudly produced by Amaze for the St Kilda Football Club



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