

Checklist: How I want to communicate with the GP

This checklist can help you to choose how you want to communicate with the General Practitioner (GP).

Do you want to communicate with the GP verbally?

Yes

No

With Support *(Space for you to write notes, for example, the name of a support person)*

Other *(Space for you to write notes)*

Do you want to use any of these types of communication support when communicating with the GP?

Typing

Communication App *(Space for you to write notes)*

Note pad and pen

AUSLAN/Key Word Sign

Picture Exchange Communication (PECs)

Other (for example, laptop)

No

Which activities do you need more time for when communicating with the GP?

Reading

Thinking

Making a choice

Remembering

Other

(Space for you to write notes)

None of these

If you need more time for remembering you may like to use the [What to say to the GP worksheet](#).

The worksheet has space for you to make notes before your appointment to help you to remember and communicate clearly with the GP.

See other sections of this guide or download the complete guide [here](#).