Volunteer support group listing
Updated 15 Nov 2021
Jewellery & Gem Association
Jewellery & Gem Association

GROUP AUDIENCE	AREA	COUNCIL	SUBURB	SERVICE TYPE	GROUP NAME	AUTISM SPECIFIC	DESCRIPTION	TIMEDATES	ADDRESS	PHONE CONTACT	EMAIL	WEBSITE
Parents and carers		Monash	Ashwood		MyTime Ashwood	NO	A support group for Parents/Carers/Caregivers of children with Autism Spectrum Disorder or developmental delays to spend time with others in similar situations to share experiences and gain support. We have a play helper, who leads children aged 0-6 in activities in another room so parents/carers spend time focusing on catching up with others. **Lego Club:** to encourage play & social interaction between children aged 6-12. Parents/Caregivers/Carers to spend time with others in similar situations to share experiences and gain support Enable siblings of ASD children to interact. A play helper will support the children in their own play space.	Connect Group: meet on the last Saturday of the month, Meeting 10 - 12pm.		0407 3089	monash@autism.org.au	
Parents and carers		Bayside	Bayside		Bayside Autistic Network Support, Peer Support Group	YES	Informal group that provides a social support, social opportunities to support families and friends in the Bayside area.	Meetings 1st Mon of the month 10am-12pm	Edmond Lolaris Centre 20 Eastwood St, Bayside	Kris Schmidt 0417 413 994	bayside@autism.org.au	www.baysideautism.com
Parents and carers		Banyule	Bundoora		Parents Advocating & Services Across Autism Support, Peer Support Group	YES	Parents Advocating & Services Across Autism is a support group for families with children on the Autism Spectrum Disorder living in the Banyule and Nillumbik Shires.	Meeting 1st Tuesday of the month 7pm-9pm, every 3 months	Bundoora Cafe	Brendon Carey 0409 477 897	banyule@autism.org.au	
Parents and carers		Maroondah	Ringwood		Melbourne Autism Lions Club	YES	Promote community awareness and provide information, support, education and advocacy services to carers, parents and families of adults and children with an intellectual disability and autism spectrum disorder, living within Ovens/Murray area. Provide advocacy and social activities for carers	Meetings in the 1st week the month from 10am - 12 pm in local cafe - "Offer 3 carer meetings in Wangaratta per year 8.1 in Mansfield	Cnr Maroondah Highway and Oban Rd, Ringwood	Ann Edwards	melbourneautism@gmail.com	www.mac.org.au
Parents and carers		Benalla	Benalla		Carers and Parents Support Group	NO	seek to seek support including backback.			Sally Martin (03) 5762 6202 or 0409 167 037		
Parents and carers		City of Greater Bendigo	Bendigo		Bendigo Autism Asperger Group (BAAG)	YES	We share experience, information and resources and network with other other organisations to provide encouragement and social support	Road informal get-together on the first Saturday morning of each month and also hold evening meetings and other activities			info@bendigoaaga.org.au	www.bendigoaaga.org.au
Parents and carers		Glen Eira	Caulfield		Jewish Spectrum Support	YES	an informal support group for parents and carers of Jewish children on the spectrum	Meeting every 2 months - information sessions every 4-6 weeks on a Tuesday night.		Cindy 0407 455 645	info@jewishspectrumsupport.com	www.jewishspectrumsupport.com
Parents and carers		Moreland	Coburg	support and information	Arrazza Newlands Autism Support Group	YES	Information sessions on various topics. Other organizations welcome. Informal social delay (with or without a formal diagnosis)	3rd Wednesday of the month, not in school holidays 9.30 - 11.30	Newlands Community House, 20 Morley Rd., Coburg North	Lorraine	lorraine@bigpond.com	
Parents and carers		Yarra Ranges	Chirnside Park		Strengthening Parent Support Program	NO	Share stories and strategies with other supportive parents and carers in a casual and comfortable environment.	Seminars/Times & Dates: 10.30 – 11.30AM on the 3rd Thursday of every month (free- bookings essential)		Michelle: 0438 646 744		https://www.anglicarevic.org.au/what-we-do/parenting-families/parenting-programs/strengthening-families-parent-support-program
Parents and carers			Croydon		POKITS :- Parents of Kids on The Spectrum	YES	Support group for parents of kids with autism spectrum disorders.	Meetings held on the 1st Saturday morning of each month and also hold evening meetings and other activities. Meeting Times & Venues: Annual January from 7.30pm to 9pm at Croaway North Baptist Church 1234 Home Hwy, Croydon North		Duke Ball: 0402 245 088 Renee Stott:0412 024 878	pokits@hotmail.com.au	https://www.facebook.com/groups/pokitsparents/
Parents and carers			Dandenong		Dari Autism Support Group			Meetings first Saturday at 10.30am		Linda Tarlton 0419 848 471	dari2011@bigpond.com	
Parents and carers			Echuca		S.P.O.C.A.A.S - Supporting Parents of Children with Autism and Asperger Syndrome	YES	All ages and all abilities with no diagnosis needed • Social Events • Awareness events and education opportunities	• Coffee Club (morning and evening): Monthly Morning Tea+with creche fee free child care	26A Percy Street, Echuca VIC 3564			http://www.ctrc.org.au/services/autistic-spectrum-disorders/
Parents and carers		Maribyrnong	Footscray		Vietnamese Families Special Needs Group Inc.	NO	Support group for carers of children with a disability. Babysitting can be provided.	Meet: Thursday mornings, 10.30am-12.30pm (except school holidays)	MacKillop Family Services, 118 Commercial Rd, Footscray.	Ngo 0433 103 401 or 9689 8489	vn.specialneeds@gmail.com MacKillop Family Services ngo@mackillop.org.au	
Parents and carers		Maribyrnong	Footscray		Mandarin Group	NO	Informal Mandarin group for parents/carers of children with a disability. Babysitting can be provided.	Meet: First Monday of each month during the school term.	MacKillop Family Services, 118 Commercial Rd, Footscray.	9689 8489	ling@mackillop.org.au	
Parents and carers		City of Greater Geelong	Geelong		Autism Support Services	NO	carer support and information.	55-59 Albert St, Geelong West VIC.		Vicki McIlwraith - Geelong Region Parent Support Worker (03) 5221 2994		www.autismvic.org/ www.autismvic.info
Parents and carers		City of Greater Geelong	Geelong		Aspergers Information Group (Geelong)	YES	Aspergers specific fathers welcome, topical informative group.	meetings + pot-luck dinner on the 2nd Thursday of each month, excluding school holidays.	10/12 Albert St, Geelong West VIC. (Access is only available through rear entrance near car park).	(03) 5221 2994	info@autismgeelong.com.au	
Parents and carers		City of Greater Geelong	Geelong		The Treehouse	YES	• Parent Support Group for parents/carers of autism attending mainstream primary school. • ASPYRE school group for teens with autism attending mainstream secondary school. • Adults with Aspergers/20+ social group • Dad's Group meets once per month on various topics. • Lego Club – kids meet and play lego for 1 ½ hours one Sunday a month. • Asperger Women Over 30s • Young Adults Group • Girls Support Group for autistic girls attending a mainstream high school • Pink Mulberries: Social group for autistic girls attending a mainstream Primary school	• Open House Support Group meets various times.		Lisa Henning	lisa_henning@bigpond.com	www.thetreehousegeelong.org.au. https://www.facebook.com/Treehouse.Geelong
Parents and carers		Southern Grampians Shire Council	Hamilton		Hamilton Disability Support Group	NO	We welcome parents/carers of children with special needs.	Tuesday. We pay for one coffee/drink per person, carers pay for rest/ lunch.		Rhonda Zielesch on (03)5571 2122 or 0438 571 643		
Parents and carers		Port Macquarie-Hastings	Hastings		Living with Autism Spectrum Resource Support Group	YES	Exploring over skills & Wisdom, an opportunity to reason/share over tools.	Every 4th Monday of the month during school terms	Wahaso Community Centre, 8 Wallaroo Place, Hastings	Michelle 0409 043 555		
Parents and carers		Bayside City	Hampton		Parents and Carers Southern **Daytime** group (Aspergers Victoria)	YES	Parents, Grandparents and Carers(of a person with Aspergers or High Functioning Autism) to meet, share their experiences and support each other.	Meet monthly every 4th Friday, - 10.30am-12.30pm February to December (except school holidays) Contact: Or visit website: www.aspergersvic.org.au/events	Hampton Community Centre 14 Willis St, Hampton Vic 3188		admin@aspergersvic.org.au	https://aspergersvic.org.au/
Parents and carers		Bayside City	Hampton		Parents and Carers Southern **Evening** group (Aspergers Victoria)	YES	Parents, Grandparents and Carers(of a person with Aspergers or High Functioning Autism) to meet, share their experiences and support each other.	Meet monthly every 2nd Monday, - 7.00pm-9.30pm February to December (except school holidays	Hampton Community Centre 14 Willis St, Hampton Vic 3188		admin@aspergersvic.org.au	https://aspergersvic.org.au/
Parents and carers		Mornington	Hastham		Autistic Support Group	YES	Note: Telephone support is provided between meetings	Meeting time varies a week after lunch time at local Cafes (Contact for details)		Helenore Lemon 0431 774 572		
Parents and carers		Bass Coast Shire	Inverloch		Inverloch and District ASD Support Group	YES		Ninety first Wednesday of the month from 10.30am – 12.30pm (except school holidays)	Inverloch Hub, 16 A Inverloch St, Inverloch.		Tracey O'Connor traceyoc@live.com	
Parents and carers		East Gippsland Shire	Lakes Entrance		Lakes Entrance Autism Support Group	YES				Carolyn on (03) 5155 5744 or 0427 399 372		
Parents and carers		Latrobe City	Latrobe Valley		Latrobe Valley High Needs Parent Support Group	NO	Parent support group in Latrobe Valley.	Meets on the Union Collaborative Specialist School, 13 Hain Street Traralgon			Contact Melpomeni on Union Collaborative Specialist School Visit website www.dancingtoolbox.com.au	www.dancingtoolbox.com.au
Parents and carers		South Gippsland Shire	Leongatha/Korumburra		Leongatha/Korumburra Parent & Carers Group	NO	For parent/s or carer/s of a child with a disability or developmental delay (with or without a formal diagnosis			Yvonne Warte 0439 206 641	Yvonne.warte@vicnetnetnc.org.au	
Parents and carers		Yarra Ranges	Lilydale		Strengthening Parent Support Program	NO	Seminars/Times & Dates: 10.30 – 11.30AM on the 4th Friday of every month, Free, however bookings essential		Anglicare Victoria 47-51 Cedella St, Lilydale 3140	Michelle: 0438 646 744		https://www.anglicarevic.org.au/what-we-do/parenting-families/parenting-programs/strengthening-families-parent-support-program
Parents and carers		Macedon Ranges	Woodend		ASD Parent Support Group/Network		Open to all parents, carers and families. Variety of events and supports available.	Coffee dates etc. https://www.mrsn.com.au/family-calendar		Fiona La Nauze 0414 851 157	macdon@bigpond.com	www.mrsn.com.au
Parents and carers		Wellington Shire	Maffra		Maffra Carers' Group	NO	providing information & support for people in various caring roles.	3rd Monday of the month from February to November	Maffra Hospital, 48 Kent St in the Community Meeting Room	Pam (03) 5145 5417 or Thelma Cropley, (03) 5145 1387	maffracarers2011@bigpond.com	
Parents and carers		Mansfield Shire	Mansfield		Mansfield Support Group for Children with Special Needs	NO		Meetings held once a month	Mansfield Community Centre, Bank Place, Mansfield	Anya Watts on 0412 442 412	mansfield2010@gmail.com	
Parents and carers	Melbourne West				Melbourne's West ASD Network	YES		Varies, Contact the group for details		Judy Mattingal 0421 188 629	mw_aut_network@outlook.com	
Parents and carers		Moonee Valley City	Moonee Valley		Hesh and Tash Parent Support group	NO	A parent group that meets in a cafe in a park. Monthly meetings advertised in closed Facebook	Usually held on Tuesday or Wednesday of each month at 9.30 – 11.00am	Queen's Collective Cafe, Queens Park, Moonee Valley	Annette Jorgensen 3083 8489	aga@mackillop.org.au	
Parents and carers	Northern metro Melbourne	Moonee Valley & Moreland		Online, monthly meetings	Hunter Autism Carers Support Group	YES	Monthly meetings advertised in closed Facebook group.				hunterautism@gmail.com.au	https://www.facebook.com/groups/1327731184355744/
Parents and carers		Latrobe City	Morwell		Gippsland Carers Association	NO	All peer support groups are currently in recess, however there are plans to restart them in the near future		42 George Street, Morwell	(03) 5133 3343		http://gippsandcarers.org www.facebook.com/GippsandCarers
Parents and carers	Multiple Locations				MyTime Support Groups	NO	Groups for mothers, fathers and carers of children with a disability, developmental delay or chronic medical condition. Share ideas with others who understand the rewards and intensity of the role. Groups are facilitated in a relaxed, informal context on autism and disability, visit the Raising Children website			1800 889 997		http://www.mytime.net.au/ www.raisingchildren.net.au
Parents and carers	Multiple Locations				Commonwealth Respite and Carelink Centre	NO	Offers information about respite services, carer groups and other support services available locally, interstate or anywhere within Australia. All respite centres offer different services.			1800 052 222 - After Hours for emergency respite 1800 052 222		http://www5.health.gov.au/cat/index.cfm?fx
Parents and carers	Multiple Locations				Carers Victoria	NO	Free counselling advocacy services for carers. Advocacy Line, Education and Training, Policy and Research			1800 242 636	info@carersvictoria.org.au	www.carersvictoria.org.au
Parents and carers		South Gippsland Shire	Gippsland		Noah's Ark Parent to Parent, Gippsland	NO	Information, support and self-advocacy coaching for families who live in Gippsland and have a child with a disability, aged from birth to 25 years. Contact Yvonne for more information including support groups across Gippsland.			1800 010 453 or (03) 5135 3131	info@noahsarkvic.org.au	www.noahsarkvic.org.au
Parents and carers	Multiple Locations			Social	Victorian ASD Family Weekends	YES	Weekends away (not respite) which gives families affected by autism the opportunity to hold conversations and socialise with people in similar circumstances.				vicasdfamilyweekends@gmail.com	www.vicasdfamilyweekends.weebly.com
Parents and carers		Casey	Narre Warren	Social	Casey Aspergir Syndrome Support Group	YES	Social Group End of Term Event for all ages Support meetings for Parents/Adults Once per month Support meetings for Parents/Adults Social Fun Pin Bowling Session open to all ages		P.O. Box 2181, Fountain Gate, Vic, 3805		info@casaa.asd.au	www.casaa.com.au Facebook Page www.facebook.com/groups/casaaasd
Parents and carers		Nillumbik			Nillumbik Parents & Women Autism Support, Peer Support Group	YES	ASD support group for parents and carers in the Nillumbik and Banyule area.	Meets 1st Thursday of the month from 7pm-9.30pm		Brendon Carey 0409 477 897	banyule@autism.org.au	
Parents and carers	Northern Suburbs	Moreland / Darebin			Northern Autism Parent Support Group	YES	Links with support groups such as Northern Aspergers Network Reservoir Neighbourhood House, A group for parents of children in primary school and in the early stages of high school. Lisa Petersen 0420 724 910 lisa@northernaspergersnetwork.com. Cathelizity Glenroy Parent Group jenrowen3@gmail.com POKITS :- Parents of Kids on The Spectrum Duke Ball, Coordinator 0402 245 088 sukeandmichael@yahoo.com.au Or visit: Mum Facebook Page		48-50 Bos Forest Road, Glenroy, VIC 3046	Thea Carpani 0417 331 681 or 1800 343 287 Lisa Petersen 0420 724 910	tcarpani@mcp.org.au lisa@northernaspergersnetwork.com	
Parents and carers	Northern Suburbs	City of Whittlesea			Plenty Valley Support Group		Parent/Carer Coffee Mornings Parent/Carer Dinner Events and Excursions Parent Education and Workshops			Natasha Ngaire	natasha@plentyvalleyautismhouse.com	www.plentyvalleyautismhouse.com
Parents and carers		Glen Eira City	Ormond		Parents and carers (Aspergers Victoria)	YES	This group is a place for Parents, Grandparents and Carers (of a person with Aspergers or High Functioning Autism) to meet, share their experiences and support each other. We have a range of parents who attend, who have children of various ages from starting primary to young adulthood.	Southern Parents & Carers usually meet at 10am - 12.30pm, on the third Friday of the month (except school holidays).	408 North Rd, Ormond Vic 3204 (Eaglehill)		parents@aspergersvic.org.au	
Parents and carers		Darebin	Preston		Climate Support Group	NO	Meetings in Ethnic Community Languages			(03) 9480 1666		
Parents and carers		Darebin	Reservoir		Northern Aspergers Network	YES	Support group for parents of children who are on the autism spectrum attending mainstream primary school and in the early stages of entering high school in the northern suburbs of Melbourne.	Meetings held on the 4th Tuesday of every month	Reservoir Neighbourhood House, (Cnr Cuthbert Street and Strathmorton Street, Reservoir)	lisa Petersen 0420 724 910	lisa@northernaspergersnetwork.com	
Parents and carers		Maroondah	Ringwood		Parents and Carers Eastern (Aspergers Victoria)	YES	This group is a place for Parents, Grandparents and Carers (of a person with Aspergers or High Functioning Autism) to meet, share their experiences and support each other.	Meet monthly every 1st Friday, - 10.30am-12.30pm February to December (except school holidays). Please check our website www.aspergersvic.org.au/events groups and register before attending as venue can change and registration is expected prior to attending. Eastern Parents & Carers usually meet at 10am - 12.30pm, on the first Friday of the month (except school holidays).	Salvation Army Hall, rear of 45-53 Maroondah Rd, Ringwood		admin@aspergersvic.org.au	
Parents and carers		Maroondah	Ringwood		Strengthening Parent Support Program	NO	For parent/s or carer/s of a child with a disability or developmental delay (with or without a formal diagnosis)	Tuesday of every month Free, however bookings are essential	Central Ringwood Community Centre, Ringwood	Michelle: 0438 646 744		https://www.mackillop.org.au/programs/parenting-families/parent-support-program/strengthening-families-parent-support-program
Parents and carers		Maroondah	Ringwood	Social	Pop Culture Conversation Club	YES	popular books, movies and TV series. Come hang out and meet people with similar interests. Open to 16 to 21-year-olds.	5:00 PM every first Friday of the month. Cost $10.	Realm Library, Ringwood Town Square 179 Maroondah Hwy, Ringwood	9800 6430		https://www.realmlibrary.com.au
Parents and carers		Wellington Shire	Sale		Sale Autism Parent Support Group	YES	For adults with special needs and their families	Meets once a month	6 Star Housing, Community Room Corner Howard & McCrae Streets, Sale	Jenny (03)5144 4408		
Parents and carers		Greater Shepparton City	Shepparton		RISE: Resource, Information, Support and Education	NO	This group is facilitated by ADEC (Action on Disability in Ethnic Communities) Carer support group in following languages: Burmese, Afghan, Italian, Somali, Greek, Arabic	"Rise carers specific - Mothers parent support group - for families of children 0-18, playgroup for children provided on site. • Carer Support Group • Autism Workshops on a regular basis We welcome parents/carers or children with special needs	38 Fordham Street, Shepparton VIC 3630	Jenny Mattamouri (RISE Centre Coordinator) (03)5832 1230	janet@net.net.au	
Parents and carers		City Of Greater Dandenong	Springvale		Action on Disability in Ethnic Communities(ADEC)	NO	Carer support group in following languages: Burmese, Afghan, Italian, Somali, Greek, Arabic, Rohinkya, Nepalese			(03) 9480 1666		http://www.adec.org.au/index.php/programs-services-activities
Parents and carers		Nillumbik Shire / Yarra Ranges	St Albans		Diversity and Disability	NO	NESB. Support groups, activities, and skills development toward independency as much as possible. One on one support and empowerment.		45 Main Road West, St Albans VIC 3021	(03) 9367 6044	nicolas@mincorp@mwd.org.au jacob@mincorp@mwd.org.au	www.mincorp@mwd.org.au
Parents and carers		Stony Creek Shire / Aaron Rural City	Stawell & Ararat		Stawell/Ararat Autism/ Aspergir Support Group	YES		Meets bi-monthly - please contact Admin for details venue		Admin Barnes (03) 5352 2129	admin@bdds.com.au	
Parents and carers		Latrobe valley	Latrobe City		SupaKIT		Support for parents/ group support group for parents of a child/children with autism (and other autism related conditions)	Meet every second Tuesday of the month and during school holidays 10.30am - 12pm.	Latrobe Union Collaborative Specialist School - Hazel St Traralgon. (Please enter via first gate and sign in at the office)	Louise 0414 840 296	supakit@bigpond.com.au	
Parents and carers		Whitehorse City	Vermont South		Strengthening Parent Support Program	NO	For parent/s or carer/s of a child with a disability or developmental delay (with or without a formal diagnosis) Share stories and strategies, and have a cuppa, a chat and some laughs with other supportive parents and carers in a casual and comfortable environment.	9.30 - 10.30AM on the 3rd Tuesday of every month. Free, however bookings essential	Vermont South Special School, 22-30 Livingstone Road, Vermont South	Michelle: 0438 646 744		https://www.mackillop.org.au/programs/parenting-families/parent-support-program/strengthening-families-parent-support-program
Parents and carers		Moreland	Pascoe Vale		Sussex Autism Carers Support Group	YES		The 1st Thursday of the month (except school holidays & public holidays)	at the Pascoe Vale Community Centre 7 Prospect St, Pascoe Vale	9354 3210	sussexsa@bigpond.com.au	
Parents and carers		Nillumbik Shire / Yarra Ranges	Hurstbridge & Chirnside Park		Parents of Children on the Autism Spectrum Support Group	YES	Parents or children on the Autism Spectrum. It's an opportunity to share experiences, feel supported and have discussions amongst the group. This group is free of charge.	Meets every Wednesday - Contact John or Sharon for details.			info@plentyvalleyautism.org.au	www.plentyvalleyautism.org.au
Adults/ adults		City of Greater Geelong	Geelong		The Treehouse	YES	• Adults with Aspergers/20+ social group • Young Adults Group	Meets various times - Contact John or Sharon for details.			lisa_henning@bigpond.com	www.thetreehousegeelong.org.au. https://www.facebook.com/Treehouse.Geelong

Autistic adults		Mccrae	Ashwood		Adults Meet-Up Group (Aspergers Victoria) (50+ yr old)	YES	A relaxing get-together with like-minded adults discussing topics of interest, with Aspergers syndrome (or Autism Spectrum Level 1).	adults on the 3rd Thursday of the month, February to June. All are warmly welcomed. On the months that have a 5th Thursday, the group will meet for an additional meetup. This group is for Aspergers Victoria members only. However, you are welcome to attend one meeting before joining. Meetings are on the 3rd Thursday 7.30pm – 9.30pm. Please check our website regularly for upcoming events/ groups and register before attending as venue can change and registration is expected prior to attending.	Power Neighbourhood House 54 Power Ave, Ashwood			admin@aspergers.org.au;
Autistic adults		Mccrae	Ashwood		Young Adults Group (19-35 year old) (Aspergers Victoria)	YES	Young Adults with lived experience run all meetings and will welcome new attendees.	Meets every 2nd Friday of the month, February to November except public holidays. Occasional social outings are arranged from this group. Please check our website and register before attending as venue can change and registration is expected prior to attending.	Power Neighbourhood House 54 Power Ave, Ashwood			admin@aspergers.org.au;
Autistic adults		Mccrae	Ashwood	Social	Inclusive Women's & female-identifying / NB Get-together (Aspergers Victoria)	YES	The get-together is facilitated by Aspe women, for Aspe women and is very informal. Aspergers Victoria members with lived experience run all meetings and welcome new attendees.	Meets monthly every 2nd Friday 2.00pm-4.00pm from February to December except public holidays. Please check our website for updates. https://aspergers.org.au/events-groups	Power Neighbourhood House 54 Power Ave, Ashwood			admin@aspergers.org.au;
Autistic adults		Mccrae	Ashwood	Social	Dungeons & Dragons Group (Aspergers Victoria)	NO	This group welcomes those (with Aspergers or Autism Level 1) wanting to learn to play D&D and those who are experienced players.	4pm check our website for dates. https://aspergers.org.au/events-groups	Power Neighbourhood House 54 Power Ave, Ashwood			admin@aspergers.org.au;
Autistic adults		Melrose	Bradbun		AS Adults Bradbun (Aspergers Victoria)	YES	For adults on the autism spectrum.	Meets every month, except December and January. Parents, carers and partners welcome to attend in odd months.	The Nerve Centre, 54 Railway Rd, Bradbun	0419 9845 2766		asaa-bradbun@aspergers.org.au;
Autistic adults		Melrose	Bradbun		Young Adults Group (aged 18-35) (year olds) (Aspergers Victoria)	YES	18-35 years having left school, their this group may suit your needs	Meetings are held in the Eastern adults on the 4th Thursday of the month, February to November except public holidays.				youngadults@aspergers.org.au;
Autistic adults		Maroondah	Bayswater North		Melbourne Autism Lions Club	YES	Melbourne Autism Lions Club is a Lions Club from the Autism Community who do humanitarian projects locally and globally. New members welcome. Parents, carers and friends are also welcome	Meets 7pm for a 7.30pm start on the 3rd Tuesday of the month.	Club Kilsyth – Jordan room Corner Colchester and Canterbury Rds, Bayswater North	Alex Edwards	melbourneautism@gmail.com;	www.nuts.org.au;
Autistic adults	Cardinia, Casey, Greater Dandenong			Recreational	Outlook Recreation and Leisure	NO	Outlook creates opportunities for people between 18 and 65 years with a disability to access holiday, weekend and community-based recreation and leisure activities for fun and relaxation. Recreation is delivered by caring and experienced staff.			(03) 5941 1535 between 9am and 4:30pm	hello@outlook-rec.org.au;	www.outlook-rec.org.au
Autistic adults		Moreland	Coburg	Support and information	Arrows Newlands Autism Support Group	YES	Informal support group for parents and carers of Jewish children on the spectrum.	3rd Wednesday of the month, not in school holidays, 9.30 – 11.30	Newlands Community House, 20 Murray Rd., Coburg North		1arrows@hotmail.com;	
Autistic adults		Yarra City	Collingwood		Autistic & Aspergar Women Melbourne	YES	Autistic & Aspergar Women Melbourne (AAWM) is a small group. Please email for monthly meeting reminders.	between 2-5pm. New attendees must contact the organisation for details. Venue can change at short notice.	Abbotsford VIC 3067 Cost $15 Cost $5	Gabby 0421 904 433 or Leonie 0418 494 088	aspergarwomenmelbourne@bigpond.com;	
Autistic adults		Banyule	Greensborough	Social	Different Journeys	YES	Different Journeys specialises in helping autistic teens and adults, and their families, to come together and socialise in a safe and supportive environment with the aim to share the journey, celebrate, connect, and create positive connections.	Adults dinners – 1st Monday or every month. Code on the night are at your own expenses. Booking: Trybooking	Greensborough RSL	0490 774 068	info@differentjourneys.com;	https://differentjourneys.com/#events
Autistic adults		Maroondah	Kilsyth	Social	Different Journeys	YES	Different Journeys specialises in helping autistic teens and adults, and their families, to come together and socialise in a safe and supportive environment with the aim to share the journey, celebrate, connect, and create positive connections.	Teen dinners – 3rd Sunday of every month. Adults dinners – 2nd Tuesday or every month. Code on the night are at your own expenses Booking: Trybooking	Club Kilsyth	0490 774 068	info@differentjourneys@gmail.com;	https://differentjourneys.com/#events
Autistic adults		Wyndham	Laverton		Lions Autism Club – Melbourne West	YES	Lions Autism Club – Melbourne West is a small group. Parents and carers welcome.	Laverton Community Hub (Recreation room) 95-105 Railways ave. Laverton	Laverton Community Hub (Recreation room) 95-105 Railways ave. Laverton	Bruce 0412 398 763 Lee-Ann 0474 217 458		
Autistic adults		Maroondah	Ringwood	Social	Pop Culture Conversation Club	NO	Anyone loves movies and TV series. Come hang out and meet people with similar interests. Only over 18 participants.	5:00 PM every first Friday of the month. Cost $10 | Meets monthly	Realm Library, Ringwood Town Square 179 Maroondah Hwy, Ringwood	9800 6430		book online at https://events.yourlibrary.com.au/
Autistic adults	Victorian residents	Melbourne City	Melbourne		Aspie Rebels	YES	Aspie Rebels is a social group for people aged between 5 and 8 years old.				https://www.meetup.com/Aspie-Rebels/	https://www.facebook.com/groups/aspiereb/
Autistic girls					Yellow Ladybugs	YES	12 week support group for girls aged 11-16. Cost $300		Monash Kingwood Clinic, Suite 2, Building 2, 270 Ferntree Gully Rd, Notting Hill VIC	9905 4393	info@yellowladybugs.com.au	www.facebook.com/yellowladybugs/
Autistic girls		Mccrae	Notting Hill		Girls with ASD support group	YES	12 week support group for girls aged 11-16. Cost $300	Contact for times			account@monash.edu;	https://www.monash.edu/medicine/psychiatry/research/projects/girls-with-asd-support-group
Autistic girls				Online	Peninsula Autism Friendship Group	YES	For autistic spectrum and their families. Weekly friendship groups for kids and teens. Cost $100 per term.	Online sessions			admin@ifyfs.com.au;	https://ifyfs.com.au/
Autistic girls		Mccrae	Ashwood		Social Butterflies: Inclusive Teen Girls & female-identifying / NB teens Gathering (Aspergers Victoria)	YES	Social Butterflies: Inclusive Teen Girls & female-identifying / NB teens Gathering (Aspergers Victoria) is a safe space where girls can get peer mentors, as a space where girls can get together and socialise in a safe and supportive for ages 12 to 18 as an extension of our teens group. Aspergers Victoria volunteers with lived experience run all meetings and welcome new families. All group leaders have a Working with Children Check. Our teen attendees should be independent in a group setting and able to attend the group. Our Teen group and peer leaders are very encouraging and welcoming with their peers. Please check our website and register before the group and then join Aspergers Victoria at https://aspergers.org.au/events-groups. Please Note: A parent or carer is required to stay on the premises. You are invited to join the other parents to catch up on your month in another area nearby. We will give the teens an inside from (the first visit only) and a feedback form at the end of the session to complete.	Meet monthly every 3rd Friday, 7.00pm - 9.00pm	Power Neighbourhood House 54 Power Ave, Ashwood		admin@aspergers.org.au;	
Autistic boys				Online	Peninsula Autism Friendship Group	YES	For autistic spectrum and their families. Weekly friendship groups for kids and teens. Cost $100 per term.	Online sessions			admin@ifyfs.com.au;	https://ifyfs.com.au/
Autistic teenagers		Mccrae	Ashwood		Social Butterflies: Inclusive Teen Girls & female-identifying / NB teens Gathering (Aspergers Victoria)	YES	Social Butterflies: Inclusive Teen Girls & female-identifying / NB teens Gathering (Aspergers Victoria) is a safe space where girls can get peer mentors, as a space where girls can get together and socialise in a safe and supportive for ages 12 to 18 as an extension of our teens group. Aspergers Victoria volunteers with lived experience run all meetings and welcome new families. All group leaders have a Working with Children Check. Our teen attendees should be independent in a group setting and able to attend the group. Our Teen group and peer leaders are very encouraging and welcoming with their peers. Please check our website and register before the group and then join Aspergers Victoria at https://aspergers.org.au/events-groups. Please Note: A parent or carer is required to stay on the premises. You are invited to join the other parents to catch up on your month in another area nearby. We will give the teens an inside from (the first visit only) and a feedback form at the end of the session to complete.	Meet monthly every 3rd Friday, 7.00pm - 9.00pm	Power Neighbourhood House 54 Power Ave, Ashwood		admin@aspergers.org.au;	
Autistic teenagers		Mccrae	Ashwood	Social	Dungeons & Dragons Group (Aspergers Victoria)	YES	Autism Level 1) wanting to learn to play D&D and those who are experienced players. Please Note: A parent or carer is required to stay on the premises.	4pm check our website for dates. https://aspergers.org.au/events-groups	Power Neighbourhood House 54 Power Ave, Ashwood		admin@aspergers.org.au;	https://aspergers.org.au/events-groups
Autistic teenagers		Mccrae	Chadstone		Teens Hub (Aspergers Victoria)	YES	Teens Hub is for secondary students aged 12 to 18 years with Aspergers Syndrome (or Autism spectrum condition level 1-2). Meet like-minded people and socialise in a safe and supportive environment. Parents and carers welcome to attend in odd months. Parents and carers are also welcome to attend the group if they are having to a great quarter status current teen issues. All group leaders have a Working with Children Check. Please Note: A parent MUST accompany all children, and the responsibility for participation and safety of the children remains with the parent/guardian.	Meetings are held on the 1st Friday of the month in the South Eastern adults, February to November, except public holidays. Please check our website and register before attending as venue can change and registration is expected prior to attending.	Power Neighbourhood House 54 Power Ave, Ashwood		admin@aspergers.org.au;	https://aspergers.org.au/events/teens
Autistic teenagers	Multiple locations		Doncaster Frankston Geelong Melbourne Werribee		The Lab	YES	The Lab is a social club for young people and people with Aspergers Syndrome or high functioning Autism who enjoy working with computers. It offers one-to-one tuition by technology professionals in areas such as programming, 3D, digital design, and gaming. The Lab is part of a national not-for-profit called The Lab Network.				info@thelab.org.au;	http://www.thelab.org.au
Autistic teenagers		Maroondah	Ringwood	Social	Pop Culture Conversation Club	NO	Anyone loves movies and TV series. Come hang out and meet people with similar interests. Open to 16 to 21 year-olds.	5:00 PM every first Friday of the month. Cost $10 | Meets monthly	Realm Library, Ringwood Town Square 179 Maroondah Hwy Ringwood 3134	9800 6430		book online at https://events.yourlibrary.com.au (Select Realm Library)
Autistic teenagers		Banyule	Greensborough	Social	Different Journeys	YES	Different Journeys specialises in helping autistic teens and adults, and their families, to come together and socialise in a safe and supportive environment.	Adults dinners – 1st Monday or every month. Adults dinners – 1st Monday or every month. Code on the night are at your own expenses. Booking: Trybooking	Greensborough RSL, 111 Main St, Greensborough VIC 3088	0490 774 068	info@differentjourneys@gmail.com;	https://differentjourneys.com/#events
Autistic teenagers		Maroondah	Kilsyth	Social	Different Journeys	YES	Different Journeys specialises in helping autistic teens and adults, and their families, to come together and socialise in a safe and supportive environment.	Teen dinners – 3rd Sunday of every month. Adults dinners – 2nd Tuesday or every month. Code on the night are at your own expenses. Booking: Trybooking	Club Kilsyth. Cnr Canterbury Road and Colchester Road Bayswater North VIC 3153	0490 774 068	info@differentjourneys@gmail.com;	https://differentjourneys.com/#events
Cultural and linguistically diverse		Maribyrnong	Footscray	Vocational	Farmlinks Special Needs Group Inc.	NO	A vibrant support group for carers of children with a disability living in the area.	Thursday mornings, 10.30am-12.30am (except school holidays)	MultiFaith Family Services, 118 Commercial Rd, Footscray.	9689 8484 Nga 0433 103 401 Ms Ann 0409 388 880	sr.apostolate@bigpond.com;	
Cultural and linguistically diverse		Maribyrnong	Footscray		Mandarin Group	NO	Mandarin speaking parents/carers with children with a disability. Child minding available, call Annette to book	Monthly	MultiFaith Family Services, 118 Commercial Rd, Footscray	9689 8484	ann@multifaith.com.au	
Cultural and linguistically diverse		City Of Greater Dandenong / Dandon	Springvale and Preston	Turkish, Vietnamese, Japanese, Burmese, Afghan, Italian, Somali, Greek, Arabic	Action on Disability in Ethnic Communities (ADEC) - Carer Support Group	NO	This group is facilitated by ADEC (Action on Disability Within Ethnic Communities)			(03) 9450 1866		http://www.adec.org.au/index.php/program/group-activities
Cultural and linguistically diverse		Glen Eira City	Caulfield		Jewish Spectrum Support	YES	An informal support group for parents and carers of Jewish children on the spectrum.	last Friday of the month and information sessions every 18 months on a Tuesday night.		Vicky 0407 455 645	info@jewishspectrumsupport.com;	www.jewishspectrumsupport.com
Dads and mens groups		Moonee Valley City	Moonee Valley		Dads North West	NO	Dads North West	Meets Contact Paul for details. Meets monthly.		Paul Greenfield on 0409 949 979	paul.greenfield@dnw.com;	
Dads and mens groups		City of Greater Geelong	Geelong		The Treehouse	YES	"- Dad's Group meets once per month on various days. - For grandparents caring for a child with a disability. Alfred Health Carer Services Support for Older Carers program invites you to lunch. If you are the grandparent carer of a child with a disability why not come along?"	Contact John or Shane for details.		Lee Hamling	lh_hamling@bigpond.com;	www.thetreehousegeelong.org.au; https://www.facebook.com/Treehouse.Geelong
Grandparents		City of Casey	Narre Warren	Social	Grandparent carer lunch	NO	Grandparent carer lunch	Various dates. 11:30am – 2:00pm	Kilgariffe Homestead restaurant 180 Narre Warren Cranbourne rd, Narre Warren	Ewa Dadujko 03 8791 3410 Or call Alfred Health Carer Services 1800 052 222		
Grandparents		Maroondah	Ringwood		Parents and Carers Eastern (Aspergers Victoria)	YES	and Carers of a person with Aspergers or High Functioning Autism to meet, share their experiences and support each other. We have a range of parents who attend, who have children of varying ages from toddlers through to young adults. The group is structured/facilitated to allow opportunity for all attendees to talk if they wish.	Meet monthly every 1st Friday, 7.30-9.30 pm. Please check our website and register before attending as venue can change and registration is expected prior to attending.	Salvation Army Hall, rear of 45-53 Maroona Rd, Ringwood		admin@aspergers.org.au;	https://aspergers.org.au/events/groups
Partners of autistic people		Mccrae	Ashwood		Partners Meet-Up (Aspergers Victoria)	YES	Partners Support Group Meetings are for adults who have a partner/spouse with an Autism spectrum (Aspergers syndrome or Autism Spectrum condition level 1). Couples may be formally diagnosed or not (co-habiting or not). These meetings allow us to share experiences, offer peer support & gain information. The group also offers organises enjoyable in-house activities.	Meet monthly every 1st Thursday (February to December), 7.30-9.30 pm. Please check our website and register before attending as venue can change and registration is expected prior to attending.	Power Neighbourhood House 54 Power Ave, Ashwood		admin@aspergers.org.au;	https://aspergers.org.au/events/groups
Online support					Aspie Rebels	YES	Aspie Rebels is a social group for people aged between 5 and 8 years old.				https://www.meetup.com/Aspie-Rebels/	https://www.facebook.com/groups/aspiereb/
Online support					Autistic adults Aged 18+ with Aspergers and carers/ Online support group (Aspergers Victoria)	YES	Autistic adults aged 18+ with Aspergers and carers/ Online support group (Aspergers Victoria) is a social group for people with Aspergers Syndrome (or Autism Spectrum condition level 1) and their carers/ parents/ partners.					Autumn O'Connor
Online support					Online support group, people are welcome to join from any state.	YES	Online support group, people are welcome to join from any state.					Kylie Oliver
Online support					Strengthening Parent Support Program	NO	For parent/s or carer/s of a child with a disability or developmental delay (with or without a formal diagnosis).	10:30 – 11:30 am on the 2nd Tuesday of every month & 7:30 – 8:30 pm on the 3rd Thursday of every month On your computer or other device – you will be given a link on Zoom online		Michelle: 0438 848 744	Strengthenyourparentsupport@ifyfs.com.au;	https://www.engagement.org.au/ Facebook/ifyfs/Strengthening-Parents-Supporting-Families
Online support					Eastern Region Parent Support Network	NO	Workshops, information sessions, school presentations, parent support groups.					http://www.ask-asd.com.au
Online support					Autism Family Support Association Inc (AFSA)	YES	AFSA is an independent, state wide, voluntary parent based support group. Through systems of mutual support and information sharing, we aim to improve the outcomes and quality of life for individuals on the autism spectrum and their families and carers. We are able to provide information and guidance from a parent's perspective, but are not a service.		PO Box 3325, Wheelers Hill VIC 3150	0421 552 364 (Voicemail)	info@afsaconnect.org.au;	www.afsaconnect.org.au
Siblings of autistic children		Glen Eira City / Moonee Valley City	Ormond and Moonee Ponds		Sensational Kids	YES	Sibling Support Groups facilitated by therapists.	offered on demand		(03) 9379 7990	info@sensationalkids.com.au;	https://www.sensationalkids.com.au/
Female recognises that our community includes people who identify as non-binary autistic people, people with autism, people with ASD etc), We have not changed the language provided to us in the table, but we want to acknowledge this. We encourage anyone supporting autistic people to ask each individual what language. Read more on our position on identity language at https://www.amaze.org.au/2018/04/we%-ig-and-talking-about-autism-preferred-language/												
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Updated: 10/4/20												