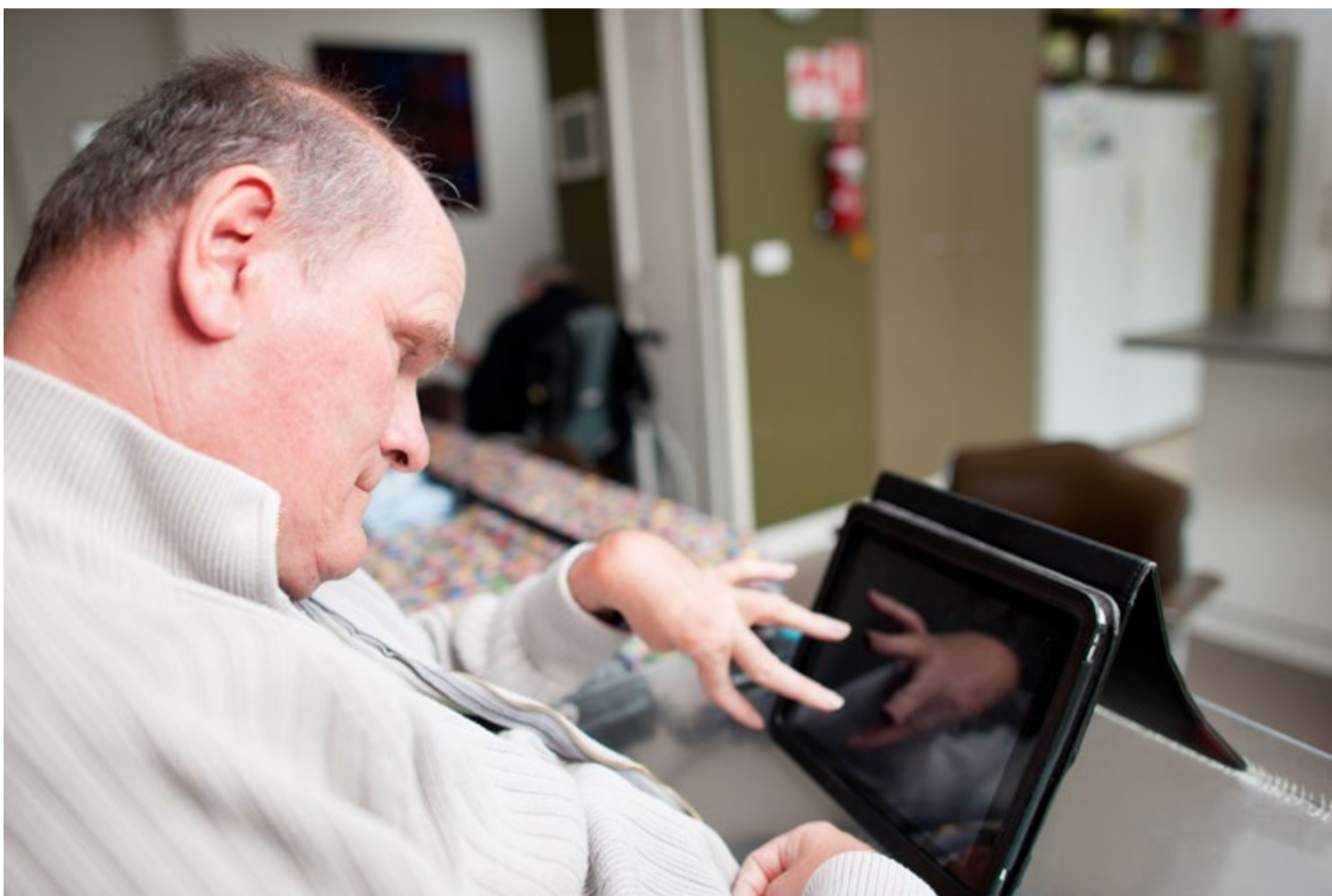


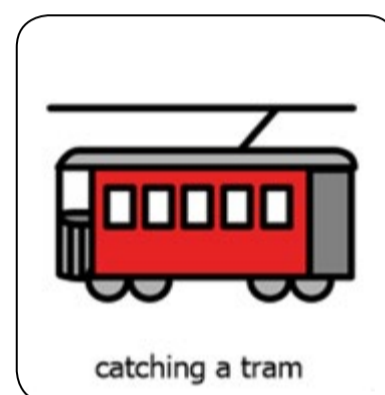
‘Things I want to have a say in’ choice board resource



This resource has been developed to assist NDIS participants to contribute to the planning process. The resource includes a choice board with some Boardmaker® pictures to support choice making. You can use this resource to talk about goals and choices with the person you care for.



Choice board with Boardmaker® pictures



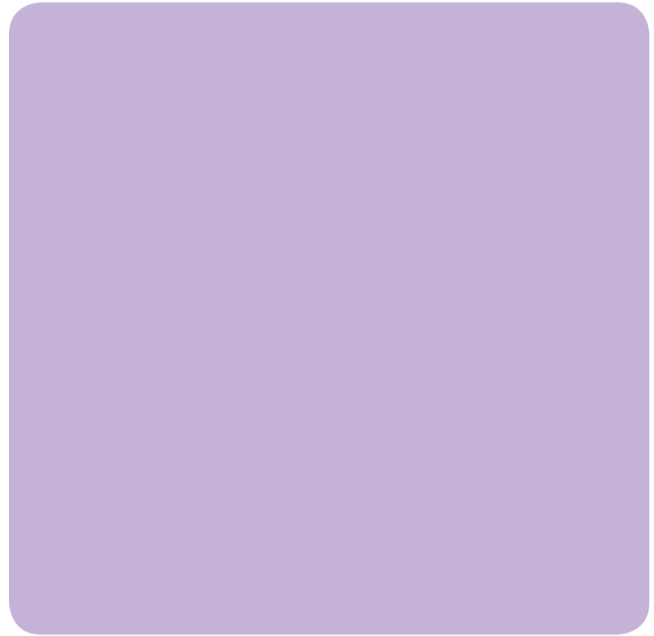
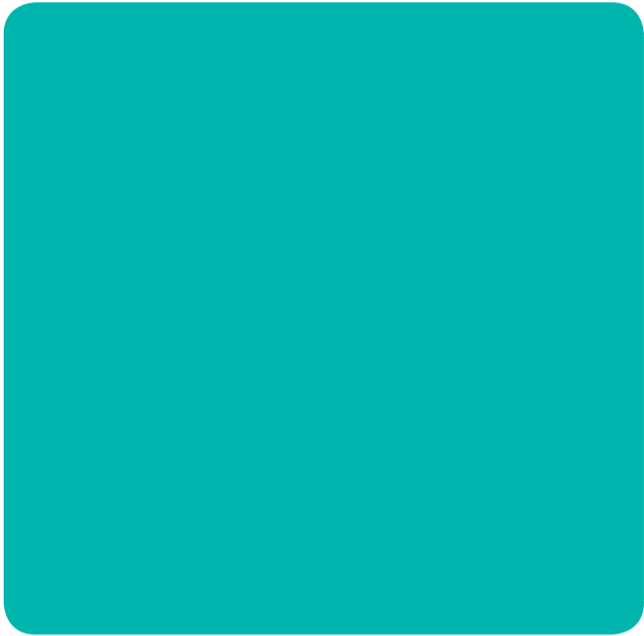
An example of a Boardmaker® picture

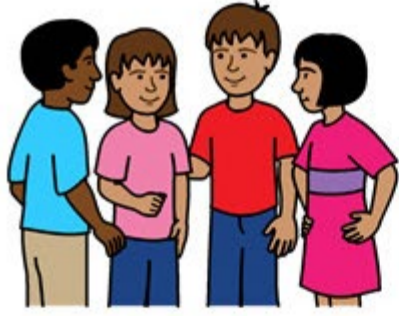
How to use the choice board

1. Print the choice board. You may like to laminate it. It is A3 size.
2. Decide on the style of pictures you'd like to use on the choice board. For example, the Boardmaker® pictures provided, photos, drawings or real-life objects. Use the style of pictures that are most meaningful for the NDIS participant.
3. Think about the topics shown in the pictures. Are there any topics that make the NDIS participant uncomfortable? If so, you may like to remove them.
4. Choose the topics you want to use on the choice board. The topics should represent what is available to the NDIS participant, or a goal that can be worked towards. You can do this with the NDIS participant or by yourself depending on their level of understanding.
5. If you're not sure about the NDIS participant's ability to make choices you can start by limiting the number of choices to two. Partial participation is OK. You don't need to fill all 6 squares on the board unless you and the NDIS participant want to.
6. Print the Boardmaker® pictures or prepare the photos, drawings or real-life objects to use on the choice board. You may like to laminate the Boardmaker® pictures.
7. You can use Velcro dots, blu tack or sticky tape to attach the pictures to the choice board. If you're using the choice board on a table, you can simply place each picture on the coloured part.



Things I want to have a say in





having friends



behaviour



money



food and drink



who supports me



where I live



family life



having fun



bathing



getting dressed



using the toilet



getting dressed



talking



AAC device



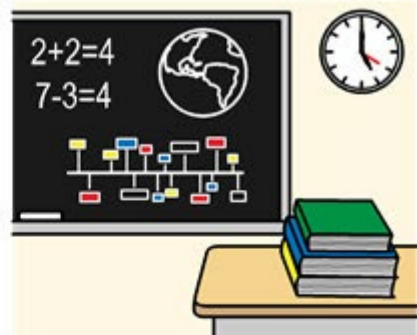
cultural activities



hobbies



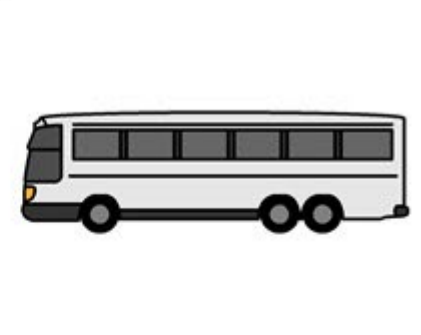
religion



school



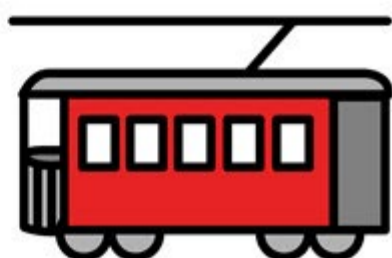
exercise



catching a bus



catching a train



catching a tram



work



work



safety



going to the doctor



feeling nice



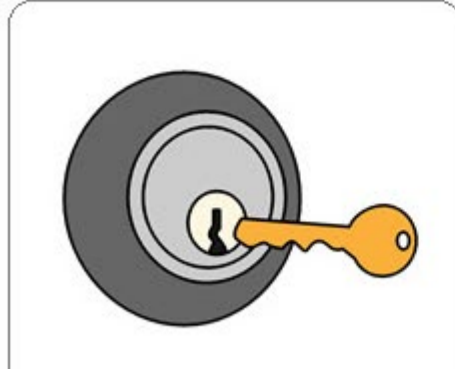
psychologist



going on holiday



going out walk



safety



sports

