

# Carer Statement Template

About this template:

This template has been designed as a prompt for carers of autistic children and adults to use in preparing their carer statement for an NDIS planning meeting.

A separate Participant statement template is also available.

## **How to use;**

1. Choose a time to fill in this template. About 15 minutes is a good start.
2. Read each question and write down your answers in the box.
3. Use the answers from this template to write your Carer statement.

How does caring for your autistic child affect your life ? Eg. physical and mental health, ability to work or study, quality of relationships, helping other family members and social networks.

What support and care does your child need?

How often do you provide this support? eg. More than once a day, daily, every 2 days, weekly, monthly, occasionally.

What help do you need to continue to support and care for your child and keep the family safe? (include information about any of your child's behaviours that concern you).

How will funded support through the NDIS help you and your family to be healthy, safe and lead an ordinary life and in the next 12-18 months?

Now that you've finished this template you can use the answers to write your Carer statement.

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