

Teen Girls group, Term 3 2019

Embracing the uniqueness of girls and women
with autism spectrum conditions

In Term 3 Unique U Psychology will be running **Celebrating U Together**, a 6-week group for girls aged 13-16 years with a diagnosis of Asperger's Syndrome, Autism Spectrum Disorder (ASD), or Social Communication Disorder (SCD). 'Celebrating U Together' has been run six times now and has been a tremendous success! The girls and parents reported that they loved the group, felt that their differences were encouraged and celebrated, and felt that they had finally met like-minded peers. Furthermore, several girls in the group reported feeling less depressed during and after group.

Dates: Mondays for 6 consecutive weeks from 15th July – 19th August 2019.

Time: 3.45pm-5pm

Location: At the clinic: Suite 5, 436 Waverley Rd, Malvern East

The group content will focus on building self-esteem through understanding strengths and difficulties associated with Autism Spectrum Conditions, and building friendship and relationship skills. It will be a great way for the girls to meet other like-minded girls, develop self-acceptance, and practice social skills. The facilitators of the group will be Vanessa Tan (Psychologist) and Chloe from Reception will be also be assisting with group as a postgraduate psychology student.

The total fee for this group will be \$750 (\$125 per session) and **rebates are possible**. To be eligible for rebates, you will need to obtain a **Mental Health Care Plan (MHCP) or referral specifying group therapy** from your GP prior to the start of the group. The group MHCP rebate is \$31.65 so you will be \$93.35 out of pocket per session. Please note that fees must be paid upfront prior to the group starting. We will process your Medicare rebate within 2 days of each attended session. If you have supplied your bank account details to Medicare your rebate will appear in your bank account 24 hours after we process it.

If you would like your daughter to participate in this group please complete the attached registration form and return via email to: info@uniquepsychology.com.au or post: [Suite 5, 436 Waverley Rd Malvern East, 3145](#). Please note that places are limited so register as soon as possible to ensure your daughter has a place in the group. **If your daughter is not a client of Unique U Psychology then we will need to meet her in an initial consultation prior to group registration to determine her suitability for group sessions.** If this is the case please contact Reception on: info@uniquepsychology.com.au to arrange an initial consultation appointment.

We look forward to seeing you soon.

Kind Regards,

Danuta Bulhak-Paterson

Clinical Psychologist/Director

Unique U Psychology

REGISTRATION FORM FOR GROUP

NAME OF GROUP: CELEBRATING U TOGETHER (older teens)

DATES: 15/7/19, 22/7/19, 29/7/19, 5/8/19, 12/8/19, & 19/8/19

ADDRESS: Suite 5, 436 Waverley Rd, Malvern East, 3145

TIME: 3.45pm-5pm

CHILD'S NAME:

DATE OF BIRTH:

ADDRESS:

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PARENT CONTACT DETAILS-

NAME:

PHONE NUMBER:

EMAIL ADDRESS:

CREDIT CARD DETAILS-

BANK:

CARD NUMBER:

EXPIRY DATE:

CRV (last 3 digit on back):

FEE DUE: \$750

Please email to: info@uniqueuppsychology.com.au or post to: Unique U Psychology, Suite 5, 436 Waverley Rd Malvern East 3145.